



Tips & Tricks

Personal Development Projects

Youth Leadership

Challenge members to take on leadership roles in the club, for example, leading activities, creating meeting content or facilitating small groups.

Personal Reflection

At the end of each meeting have youth reflect on what they have learned about themselves and their lives. Have them keep a journal to record this every meeting.

Plan an Event

Have members collaboratively plan an event. This could be their achievement day, a virtual activity night for their association or a fundraiser.

Critical Conversations

These project types are a great venue for having conversations about issues in society and in our communities. Ensure a safe place for members to share thoughts and ideas around these, sometimes heavy subjects.

Lean on Technology

These projects are more typically taken my senior members who like to engage with technology. Use third party apps and tools as much as you can to build engagement.

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Goal Setting

Whenever possible, incorporate different methods and strategies for setting goals. Remember to use SMART (Specific, Measurable, Attainable, Relevant, Time-Based)

Public Speaking

Give members activities and opportunities to practice public speaking. If they are nervous on Zoom, have them talk without their camera on first to get comfortable.

Personality Quizzes

There are many free online personality and leadership style quizzes available online to take. Checkout: Enneagram Numbers or True Colours.

Work in Progression

Start simple at your first meeting and continually elevate content to encourage deeper thinking and learning.

Assign a Buddy

At the beginning of the project assign everyone a buddy to check in with pre and post meeting. Link junior and senior members or more experienced and less experienced members together.