



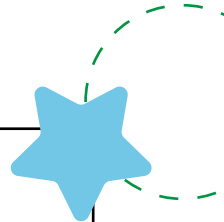
This program is supported by:

Self-Awareness



Taking some time to think about yourself, your goals and your accomplishment can be more powerful than you know. It can help us feel good about ourselves and boost our confidence.

Name somethings you are good at:



Things that make you happy:

Something I want to learn to do:



Things I would like to improve on:

Something I am proud of:

