CANADA
4-H Ontario

www.4-hontario.ca

4-H ONTARIO PROJECT

Real Dirt on Farming

RECORD BOOK

CREDITS

THE 4-H PLEDGE

I pledge my Head to clearer thinking,
my Heart to greater loyalty,
my Hands to larger service,
my Health to better living,
for my club, my community and my country.

THE 4-H MOTTO

Learn To Do By Doing

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PROJECT RESOURCE INFORMATION

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Thank you to the 4-H Real Dirt on Farming Advisory Committee members who assisted with the creation of this resource:

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Tim May, 4-H Alumni, Wellington
Carolyn Puterbough, OMAFRA, 4-H Volunteer, Durham East
Leah Richardson Dean, 4-H volunteer, Carleton
Jean Sullivan, 4-H volunteer, Carleton
Nadine Sisk, Croplife Canada
Christine Wilkinson, Farm & Food Care Ontario

Thank you also to the Carleton 4-H Association and Jean Sullivan and Leah Richardson Dean who submitted the original Real Dirt on Farming locally submitted 4-H project.

4-H Ontario is pleased to be able to provide project resource reference manuals for use by volunteers in clubs. 4-H Ontario screens and trains volunteers to equip them with the tools to

serve as positive role models for youth. With so many topics to choose from, 4-H volunteers are trusted to use these resources to provide safe and quality programming while using their judgement to assess the appropriateness of activities for their particular group of youth. By downloading any 4-H resource, you agree to use if for 4-H purposes and give credit to the original creators. Your provincial 4-H organization may have restrictions on the types of 4-H projects or activities which can be completed in your region.

4-H Ontario grants permission to 4-H Volunteers to photocopy this 4-H project resource for use in their local 4-H program. All information presented in this Project Resource was accurate at the time of printing.

The development of this project resource was made possible through the support of **Farm & Food Care Ontario** in Partnership with **CropLife Canada** with Co-Sponsor **Ontario Mutuals**.

CANADA
4-H Ontario

4-H Inclusion Statement

4-H in Canada is open to all* without discrimination based on race, national or ethnic origin, colour, religion, sex, age or, mental or physical disability.**

4-H is dedicated to providing a safe and inclusive environment that allows for universal access and participation. Where barriers to participation are identified, 4-H will, with reasonable accommodation, adapt programs, rules, policies, or expectations to reduce or remove the barriers.

Any accommodations, changes or exceptions will be assessed on an individual basis, taking into account the individual experience of the member and their family. The physical safety and emotional well-being of members, leaders, staff and volunteers is 4-H's highest priority, and is the ultimate consideration in final decisions.

4-H Canada and local 4-H organizations consider inclusion a priority. Leaders are encouraged to work with individuals and their families to identify and discuss accommodations as required, and to reach out to provincial or national office staff for help with unresolved concerns.

**This applies to youth members (ages 6 to 21), volunteers, leaders, staff and professionals.*
***Definition of discrimination as per Canadian Charter of Rights and Freedoms.*

Déclaration sur l'inclusion des 4-H

L'adhésion aux 4-H au Canada est ouverte à tous les jeunes* sans discrimination fondée sur la race, l'origine nationale ou ethnique, la couleur de la peau, la religion, le sexe, l'âge ou le handicap mental ou physique. **

Les 4-H ont pour mission d'offrir un environnement sécuritaire et inclusif qui permet l'accès et la participation de tous. Lorsque des obstacles à la participation sont décelés, les 4-H adapteront, à l'aide de mesures d'adaptation raisonnables, les programmes, les règles, les politiques ou les attentes afin de réduire ou d'éliminer ces obstacles.

Toute mesure d'adaptation, modification ou exception sera évaluée au cas par cas, en tenant compte de l'expérience personnelle du membre et de sa famille. La sécurité physique et le bien-être émotionnel des membres, des animateurs et des animatrices, des membres du personnel et des bénévoles sont la priorité absolue des 4-H et constituent le facteur ultime à considérer lors de la prise des décisions définitives.

Les 4-H du Canada et les organisations locales des 4-H considèrent l'inclusion comme étant une priorité. Les animateurs et les animatrices sont encouragés à collaborer avec les personnes et leurs familles afin de définir et d'examiner les mesures d'adaptation, selon les besoins, et de communiquer avec le personnel du bureau provincial ou national pour obtenir de l'aide en cas de préoccupations non résolues.

**Ceci s'applique aux jeunes membres (âgés de 6 à 21 ans), aux bénévoles, aux animateurs, aux membres du personnel et aux professionnels.*
***Selon la définition de discrimination en vertu de la Charte canadienne des droits et libertés*

RECORD KEEPING – WHY?

Record Books are to document time and money spent, what you have learned, your ideas, memories and what you liked and didn't like. Your Record Book also….

- Helps you set goals for this project
- Has space to record important dates, your elected executive and the names and contact information of your leaders and club members
- Is a great way to get and stay organized

Down the road when you look back on your 4-H projects these books will be able to remind you what you learned so you can use those skills later in life. It will bring back memories of the project, your 4-H friends, your story and thoughts at the time of the project. You will never forget because this book will act as a reminder! It will also be useful at the Achievement Program, when looking at your progress and when reviewing your accomplishments.

HOW DO I ORGANIZE MY MATERIALS?

1. Make your records neat and easy to read. This will make it easier to find information later on, and to share your information with others.
2. Use a three ring binder or duotang to hold your materials and divide your information into sections using dividers. This will keep things from becoming lost and will make it easier to find what you need later on. This will also allow you to add extra pages later.

HOW DO I KEEP GOOD RECORDS?

1. Keep track of activities throughout the meetings, as you complete different parts of the project. It's often difficult to remember things that happened in earlier meetings.
2. Make sure the information you write in your Record Book is complete and accurate. If you're not sure about something, ask your leader for help before writing it in your book. You can also consult people in your community or do some research on your own. If you borrow information from someone or someplace else, make sure you write down where you found it.

Remember that this is YOUR Record Book so make it your own!
And, remember to bring your Record Book to every meeting!

RECORD BOOK FOR 20_____

Name:_____

Address: _____

Name of Parent or Guardian: _____

Age as of January 1:_____ Number of Years in 4-H:_____

List the other 4-H projects you are currently involved in:

_____

_____

Club Name:_____ Association:_____

CLUB MEMBERS:

NAME	ADDRESS	EMAIL

WHO'S WHO

Club President:_____Ph. #/E-mail:_____

Vice President:_____Ph. #/E-mail:_____

Secretary:_____Ph. #/E-mail:_____

Treasurer:_____Ph. #/E-mail:_____

Club Reporter:_____Ph. #/E-mail:_____

MEETING DATES:

	DATE & TIME	PLACE	NOTES (Things to bring, remember, etc)
MEETING 1			
MEETING 2			
MEETING 3			
MEETING 4			
MEETING 5			
MEETING 6			
ACHIEVEMENT PROGRAM			

LEADER NAME & CONTACT INFORMATION	LEADER NAME & CONTACT INFORMATION

MEMBER EXPECTATIONS AND GOALS

Why did you join the Real Dirt on Farming 4-H project?

_____

_____

What is one goal that you want to achieve in this project?

_____

_____

_____

Do you have any ideas for fun things to do during the project?

_____

_____

_____

Do you have any ideas for an Achievement Program for the Real Dirt on Farming Project? (Keep in mind that an Achievement Program should include the community in some way).

_____

_____

_____

MEMBER RESPONSIBILITIES

- Be a current paid member of 4-H Ontario
- Attend at least 2/3 of the meeting time allotted for this project
- Complete the Record Book for this project. Bring it with you to each meeting!
- Put your Record Book in a binder or duotang so you don't lose any of the pages.
- Complete any other projects as required by the club leaders.
- ***Remember the more you put into your 4-H club the more you will get out of it!***

ROLL CALLS – IN MY OPINION.....

	ROLL CALL	MY ANSWER
MEETING 1		
MEETING 2		
MEETING 3		
MEETING 4		
MEETING 5		
MEETING 6		

PROJECT SUMMARY – REAL DIRT ON FARMING 4-H PROJECT

A. MEMBER COMMENTS

1. What did you gain from taking this project?

   _____

   _____

2. Which meeting or topic was the most/least interesting? Why?
   a. Most?

   _____

   _____

   b. Least?

   _____

   _____

3. Comment and/or give suggestions for improvements on the overall project (eg. Activities, tours, achievement program plans, member presentations, special activities, judging information).

   _____

   _____

4. What interests would you like to explore through future 4-H projects?

   _____

   _____

B. PARENT/GUARDIAN COMMENTS:

_____

_____

C. LEADER COMMENTS:

_____

_____

THIS PROJECT HAS BEEN COMPLETED SATISFACTORILY!

Member:_____ Leader: _____

Date:_____ Leader: _____

SAMPLE JUDGING CARD

CRITERIA

1. Is the item made properly? Was this item grown properly?
2. Does the item serve the purpose for the class it is in?
3. Is it the proper size for its purpose?
4. Does it smell and/or look like it should?
5. _____
6. _____
7. _____

**note: additional requirements can be added to list specific to the item being judged

GIVING REASONS

I place this class of _____ _____, _____, _____, _____.

I place _____ _____ first because……

I place _____ _____ over _____ _____ because……

I place _____ _____ over _____ _____ because……

I place _____ _____ over _____ _____ because……

I place _____ _____ 4th because…….

For these reasons, I place this class of _____ _____, _____, _____, _____.

Official Placing _____.

EXTRA ACTIVITIES

REAL DIRT ON FARMING MEMORY GAME

Memory games can be a lot of fun! Begin the game with the phrase, “One piece of equipment used for farming could be…..” and finish the phrase by adding one item. As each person takes a turn they add a new item and then they must repeat, in order, the items other people have added. The items can be real or silly items. When a person makes a mistake, they are out of the game. It will be fun to hear the silly additions and even more fun to find out how many items members will see before the game ends.

Other phrases could include:

“One thing plants need to grow well is…….”
“One healthy food that is grown on Canadian farms is…….”

BALL TOSS

This is a review exercise. Have everyone stand up and form a circle so that everyone is facing inwards looking at each other. Toss a foam ball or bean bag to a person and have them tell what they thought was the most interesting fact or idea that was discussed at the meeting relating to the meeting topic. They then toss the ball to someone else and that person explains what they thought was the most interesting fact learned. Continue the exercise until everyone has caught the ball at least once and explained an interesting fact or idea learned at the meeting.